

# Volleyball Tryouts

## ▶ Jr. Heat Developmental Program

**9u Developmental Program** - This is an 8-Week program that will focus on the introduction, fundamentals, and foundations of teamwork, gamesmanship, and work ethic. The Program will include Volleyball drills, mini-games, and scrimmages. **ONLINE REGISTRATION Opens October 20, 2023.** 

**10u Developmental Program** - This is an 8-Week program that will focus on the introduction, fundamentals, and foundations of teamwork, gamesmanship, and work ethic. The Program will include Volleyball drills, mini-games, scrimmages and include the *10U Gateway Regional Tournament in March 2023*. **ONLINE REGISTRATION Opens October 20, 2023.** 

## Tryouts

#### **LOCATION**

WRIGHT CITY EAST ELEMENTARY SCHOOL - 3675 W Meyer Road, Foristell, Missouri 63348

<b>GIRLS 15u</b> (2 Teams)	Saturday, July 22, 2023 - 1:00 - 3:00 pm  Make-up Tryouts will be Sunday, July 23, 2023 1:00 - 2:00 pm
<b>GIRLS 16u</b> ( 2 Teams)	Saturday, July 22, 2023 - 8:00 - 10:00 am  Make-up Tryouts will be Sunday, July 23, 2023 1:00 - 2:00 pm
GIRLS 17u	Saturday, July 22, 2023 - 10:30 am - 12:30 pm  Make-up Tryouts will be Sunday, July 23, 2023 1:00 - 2:00 pm
GIRLS 18u	TBD No Team at this Time

### \$10 Tryout Fee per Player

Tryout Forms at www.WentzvilleHeatVBC.com under the Tryout tab

If you have any questions, please contact us at WentzvilleHeatVBC@gmail.com

For more information on Teams, Programs, and the Club please visit

www.WentzvilleHeatVBC.com